



Holy Trinity Council 9990 News



Volume 36
Issue 02 Feb 2024



Grand Knight Report — Garry Shepp

A BROTHERHOOD IN FAITH

Who are these men in Trinity Council# 9990 who share in this Brotherhood of Faith?

Most of them are just ordinary everyday guys who come from many different backgrounds. Only a few of them were born or grew up in Nanaimo.

Most come from many different parts of the world and at some point in their lives chose to make this their home.

Several come from such faraway places in the world as Bombay, Singapore or Dubai.

Most have ordinary backgrounds with past careers in the military, government, banking, insurance, construction, engineering, education or business.

One has been mayor of a BC city. Another has been the Captain of a BC Ferry ship. Another has been a professional Forester. Another two are former RCMP officers.

One has been the Commanding Officer of a Navy Base.

One had a career with Lloyd's of London (the renowned icon of Insurance in the world).

One was born and raised in a WW2 internment camp.

Two are published authors.

Another's mother tongue is Aramaic (the original language of Jesus).

So much diversity of talent and experience!

One might wonder what they could possibly have in common?

The only possible answer lies at the heart of the human soul.

Knights share a Brotherhood in Faith!

Holy Trinity Council 9990



Meetings

6234 Spartan Road, Nanaimo, BC

General

7:00 P.M. First Tuesday of the month in the **church lounge**

Executive

7:00 P.M. Third Tuesday of the month: Meeting room



Visit our web site

<https://www.trinity9990.com/>

2023-2024 Executive

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NEWSLETTER	Terry Hayes	Terry Hayes
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By: *Allan Crowe*

DID YOU KNOW?

The Story of St. Bernadette (1844 – 1879) and Our Lady of Lourdes

February 11 the feast day of Our Lady of Lourdes, *one* of the most famous apparitions of the Blessed Virgin Mary that took place in southern France. On this day in 1858 a young girl named Bernadette Soubirous was out collecting firewood with her sister and another friend near a grotto when she saw a vision of a lovely lady.

She returned to the grotto, on February 14th, and again the Lady appeared to her and also a third time on February 18th. On this visit the Lady asked her to come back to the grotto every day for the next two weeks. At these subsequent visits the Lady (who had not yet identified herself as the Blessed Virgin Mary) asked for a chapel to be built on the grounds, for Bernadette to pray for the conversion of sinners, and to drink the spring water revealed to her at the grotto.

On March 25th, the Feast of the Annunciation, the Lady appeared at the grotto again, this time identifying herself as the *Immaculate Conception*. Four years after Our Lady of Lourdes appeared to St. Bernadette, the local bishop ruled that the apparitions were authentic. St. Bernadette eventually entered a religious house where she continued to suffer physically, uniting her suffering to Christ, and died at an early age.

St. Bernadette's feast day is February 18th.

Now you know



UPCOMING EVENTS

- 28 January Pancakes
- 06 February General Meeting
- 13 February Shrove Tuesday Dinner
- 20 February Planning Meeting
- 25 February Pancakes



Exemplification Jan 27. 2024

Jim Loftus

Realized I had to use the bathroom.

Got up and walked across the house, to the pantry.

Couldn't remember why I was in the pantry.

remembered I had to use the bathroom.

Walked across the house to the bathroom.

Sitting on the throne I remembered why I went to the pantry...

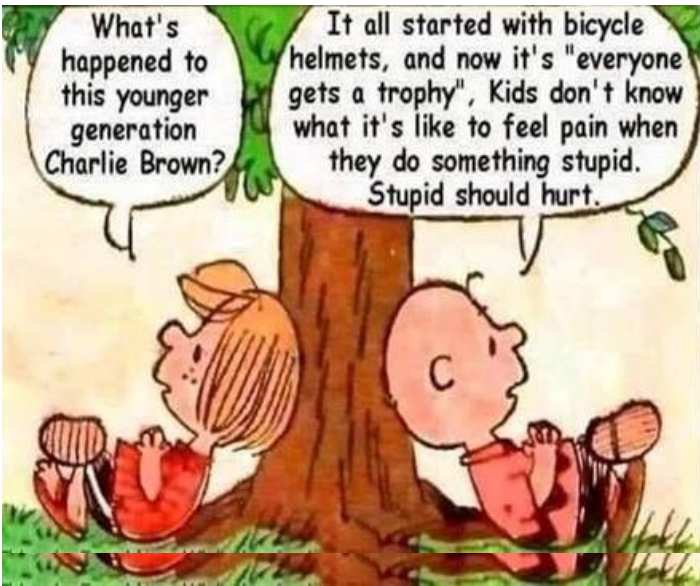
Toilet paper.



Mike Smith receives a State award for his Charity Appeal work



Jim Loftus is our Knight of the Month for January



An elderly, but hardy cattleman from Texas once told a young female neighbor that if she wanted to live a long life, the secret was to sprinkle a pinch of gunpowder on her oatmeal each morning. She did this religiously and lived to the ripe old age of 103.

She left behind 14 children, 30 grandchildren, 21 great-grandchildren, five great-great-grandchildren and a 40-foot HOLE where the crematorium used to be.

The school called today and said "Your son is telling lies"

"Well, I replied " He must be really good because I don't have any kids"

Lent is a season of forty days, not counting Sundays, which begins on Ash Wednesday and ends on Holy Saturday. Lent comes from the Anglo Saxon word *lencten*, meaning "lengthen" and refers to the lengthening days of spring. The forty days represents the time Jesus spent in the wilderness, enduring the temptation of Satan and preparing to begin his ministry.

Lent is a time of repentance, fasting and preparation for the coming of Easter. It is a time of self-examination and reflection. In the early church, Lent began as a period of fasting and preparation for baptism by new converts and then became a time of penance by all Christians. Today, Christians focus on relationship with God, growing as disciples and extending ourselves, often choosing to give up something or to volunteer and give of ourselves for others.

Sundays in Lent are not counted in the forty days because each Sunday represents a "mini-Easter." This is why you will see the designation "Sunday in Lent" rather than "Sunday of Lent" in the naming of these Sundays. On each Lord's Day in Lent, while Lenten fasts continue, the reverent spirit of Lent is tempered with joyful anticipation of the Resurrection.

DAILY BIBLE VERSE:

"Be glad for all God is planning for you. Be patient in trouble, and always be prayerful."



Captain Alexandro Malaspina Assembly 34 2023-2024 Executive

Faithful Friar	Fr. Irek Bem	
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Good of the Order

- ◆ *Chuck and Diane Rieger*
- ◆ *Widow Joie Koster*
- ◆ *Brother Mike Harrigan and wife Gay*
- ◆ *Brother Aurel Muego*
- ◆ *Betty Young widow of Brother Pat*
- ◆ *Brother John Vanreeuwyk*
- ◆ *Norma Dumas—wife of Brother Joe*
- ◆ *Brother James Chase*
- ◆ *Brother Les Taylor*
- ◆ *Widow Shirley Foucher*

Do you have someone who needs prayers? Send his/ her name to the editor and the name will be added to our list.

For a review of CWL activities, visit our website;
click on their January newsletter

February Anniversaries

Toney & Margret Lambert 67

February Birthdays

Charles Rieger

Robert Loftus

Brother Jim Whalen, after a long illness, passed to a life without pain and eternal life. His funeral has not yet been planned and will be later this year. Brother Jim spent countless hours filling Charity Appeal shifts and responded to the need of an extra shift when needed. When in better health Jim helped where needed. Pray for his wife Sharon and family.



6 ESSENTIAL RULES FOR EVERY CATHOLIC MAN

Lecturer Mike Patterson citing excerpts from *THE CATHOLIC GENTLEMAN*

1. “I will fear, love and honor God above all others, even at the cost of my own life.”

The early Church was full of martyrs. These men didn't simply give up their lives for Christ, they faced their death with courage and — sometimes — even jokes! It is said that as St. Lawrence was being roasted to death on an iron grill, he teasingly told his torturers, “I am done on this side, turn me over.” You may not have to die for your faith. But you may suffer from “soft martyrdom,” such as losing friends over your beliefs.

2. “I will honor holy things and treat them with respect.”

Once upon a time, sacred things were treated as sacred. Even in Western churches, a screen separated the sanctuary and altar from the people. This highlighted that the Mass was a holy moment, not some ordinary event.

3. “I will learn to pray as if my eternal salvation depends on it.”

God created you to be in a relationship with Him. Prayer is the bedrock of this relationship. After all, how can you have a good relationship with someone if you don't talk to them regularly?

4. “I will struggle for virtue and to overcome myself, no matter how difficult the process, not sinking to the level of mediocrity and excuse making.”

The spiritual life is HARD. Christ said, “Take up your cross and follow me.” If you're going to get serious about the spiritual life, it will hurt.

5. “I will prefer the Beatitudes to the world's values, remembering the truth that if anyone loves the world, love for the Father is not in Him.”

The world operates by a very clear paradigm. It's the exact opposite of God's order. The world emphasizes power, pleasure, prestige, revenge and looking out only for yourself.

In the Beatitudes, Christ flips all these worldly values on their heads. He says, “Blessed are the poor in spirit, for theirs is the kingdom of heaven.”

6. “I will treat others made in the image and likeness of God with dignity and respect, especially remembering to honor and to serve the poor, the weak and the rejected as I would Christ Himself.”

This goes back to the two great commandments (which are really one): Love the Lord your God with your whole soul, mind and strength and love your neighbor as yourself.

Go out of your way to love and serve others, especially those who can't give anything in return. Otherwise,

Garfield by Jim Davis for April 02, 2022



Did I read that sign right?

TOILET OUT OF ORDER. PLEASE USE FLOOR BELOW



Brother Knights:

Four brothers received their Third Degree standing in our Order on January 27 during the Exemplification of our lessons of Charity, Unity, and Fraternity at Holy Trinity Church. We welcomed Neil Fernandes and CJ Rushton to Holy Trinity Council 9990, as well as Bernard Vilad and Casey Bartlett to Mid Island Council 3842. My thanks go out to Brother Brian King, who presented the lesson on Charity; Brother Hans Fadum and Warden Jainshaw Karunakaran, who presented the lesson on Unity; Brother Mike Finch, who presented the lesson on Fraternity; and Grand Knights Garry Shepp and Louis Curti, who were the Installation Officers. My thanks also go to brothers Norbert Grillmair and Mike Mezzabarba, who helped make the evening a success.

It was wonderful that our former Chaplain, Father Jozef Kobos, came over from Vancouver to be with us on this special evening. It was tremendous to have so many brothers, family members, and friends come to witness and meditate on the lessons.

When we were first welcomed into our fraternal order, we were all presented with a rosary; we were encouraged to carry it with us always, and pray it as often as we could. This supplication can be a challenge to fulfill at times. It can take almost a decade to untangle the beads after we pull them out of our pocket, and driving with a string of beads in your hand is not a best practice, and then there is the problem of falling asleep in bed partway through. Fortunately, a finger rosary is the perfect solution. A few years ago, a brother knight gave me a beautiful finger rosary; it was hand-crafted in the Holy Land. You may have seen Father Fr. Dave Pivonka, TOR of the Franciscan University in *Metanoia* and his most recent video series, *My father's Father*. He seems to be multitasking all through it, praying the rosary in the back of his mind during his presentations. I recommend you check out Fr. Dave's many programs at <https://faithandreason.com/register/my-fathers-father/> The Knight of Columbus is a supplier of finger rosaries, and our Financial Secretary, Brother Mike Finch has a good supply of them waiting for you to get one.

Vivat Jesus

Jim Loftus



A BIT OF WISDOM:

Patience is the ability to count down before blasting off.

Patience is the weapon that forces deception to reveal itself.

You Know You're In Trouble When ...

You make more than you ever made, owe more than you ever owed, and have less than you've ever had.

Love is staying awake all night with a sick child

Photos from Exemplification January 27, 2024



Fr. Jozef opening the Exemplification



Brother Jainsaw Lesson on Unity



Brother Mike Finch Lesson on Fraternity



Years of Service

Timothy Franklin 25

Jainshaw 15

POINT OF REFLECTION

Does your life shed light or cast shadows?

A three-year-old boy went with his dad to see a litter of kittens. On returning home, he breathlessly informed his mother, "There were 2 boy kittens and 2 girl kittens."

How did you know?" his mother asked.

"Daddy picked them up and looked underneath," he replied. "I think it's printed on the bottom."

Q. For how long did Jesus demonstrate that He was truly alive after His resurrection and before his ascension? A. Forty days.

See Acts 1:3 "... being seen by them during forty days and speaking of the things pertaining to the kingdom of God."

Forty is a significant number in the Bible, marking among other things, the days of rain during the time of Noah, the years of wandering in the wilderness, and the days of Christ's stay in the wilderness prior to his temptation.



Pancake Breakfast- Jan 28

I am very pleased to report that our pancake breakfast of Jan 28, 2024 was a resounding success on several fronts.

First, Neil Fernandes, one of our two new knights, was inducted into the much sought after 'ORDER of the APRON' a picture is included with this article. Welcome Neil .

Second, the council turn out of help, including the wives of 3 knights, from start to finish was very impressive. Thank you all for your efforts which did not go unnoticed especially by the parishioners'.

Third, the support from the parish continues to be very impressive and in a single word SOLID.

Fourth, our gross take was \$723.35 and after paying all our expenses and replenishing the float we have turned over \$398.00 to the treasurer.

Thank you everyone for making this breakfast the success that it was.

We will be assisting the CWL in celebrating shrove Tuesday, Feb 13, with pancakes and sausages so please mark your calendars.

Blessings,

Mike Finch

ORDER OF THE APRON

Newly minted knight, Neil Fernandes , joins the Order of the Apron



BIBLE VERSE:

"Let your light shine before men, that they may see your good works, and glorify your Father which is in heaven."

Matthew 5:16



Mardi Gras

SHROVE TUESDAY PANCAKE DINNER

Tuesday, February 13 from 5-7 pm

Sponsored by Holy Trinity CWL and K of C

*** Music *** Games *** Prizes ***

Fun for the whole Family!

Free! But donations gladly accepted.

See you there!

