



# Holy Trinity Council 9990 News



Volume 35  
Issue 07 Sep 2023

## Grand Knight Report — Garry Shepp



I have a few mixed feelings about my return as your Grand Knight. On the one hand, it is a singular honour to lead this council again with its great group of Knights.

Since its inception, Trinity Council# 9990 has distinguished itself with many awards from State and Supreme. There are many who have served it well in leadership positions and as Grand Knights. We have a proud tradition!

I have the comfort in knowing that I have an experienced Executive who know what to do and need very little direction from me. A good GK should not and cannot do everything.

As well my "two anchors" **FS Mike Finch** and **Webmaster/Newsletter Editor Terry Hayes** make this GK job so much easier.

However, upon looking to the future, our Council continues to need good men willing to assume its leadership roles. This is our challenge!

Finally, I extend all of our Gratitude and Thanks to the **now Past Grand Knight Norbert Grillmair**. He served us well over the past two years. *PGK Norbert carried the torch high and kept the flame bright !*

Vivat Jesu,  
Garry

## Thoughts

A bus station is where a bus stops. A train station is where a train stops. On my desk I have a work station...

Can atheists get insurance for acts of God?

I don't have a solution, but I admire your problem.

If a tin whistle is made out of tin (and it is), then what, exactly, is a fog horn made out of?

# Holy Trinity Council 9990



## Meetings

6234 Spartan Road, Nanaimo, BC

### General

7:00 P.M. First Thursday of the month in the **church lounge**

### Executive

7:00 P.M. Third Thursday of the month: Meeting room



Visit our web site

[www.trinity9990.com/](http://www.trinity9990.com/)

# 2023-2024 Executive

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BC Charity Appeal Chairman	Dale Hofer	<a href="mailto:ticketchair@gmail.com">ticketchair@gmail.com</a>
State Deputy	Herb Yang	

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By: *Allan Crowe*

## Did You Know?

### THE HISTORY OF THE BETHLEHEM RETREAT CENTRE

Nestled in the shadows of Mt Benson on beautiful Westwood Lake, The Bethlehem Retreat Centre was established in 1987 by the House of Bread Benedictine Sisters.

#### Timeline of Events

• 1987: The Diocese of Victoria approached the Benedictine Sisters and asked if they would run a large retreat centre if the Diocese purchased the property. The Sisters agree and in lease the facility from the Diocese.

- April 1987: Bethlehem Retreat Centre is opened for business.
- 1988: After renovations to the main building, Capernaum was built.
- December 1989: The new chapel was opened with Mass on Christmas Eve.
- 1991: Bishop Remi De Roo appointed the Centre's first chaplain, Father Kevin Wiseman pastor of St. Peter's Catholic Church in Nanaimo.
- 1998: The labyrinth was built beside Nazareth.
- 1999: The Peace Pole was added beside the Labyrinth.
- 2001: Due to financial problems in the Diocese, Bethlehem Centre had to be sold.
- 2001: The Benedictine Sisters signed a contract to purchase the property.
- 2002: The Nazareth property was purchased.
- 2003: Directorship moved from Sr. Jill to Sr. Mary Ann.
- 2004: Shepherd Hall was built.
- 2014, the Sisters sell the property in order to retire.

The Bethlehem Centre is no longer associated with any particular faith tradition, but is multi-faith that welcomes all on a spiritual path.

Now you know



A Sunday School teacher was discussing the Ten Commandments with her five and Six-year-olds.

After Explaining the commandment to 'Honor' thy Father and thy Mother, she Asked, 'Is there a commandment that teaches us how to treat our Brothers and sisters?'

From The back, one little boy (the oldest of a family) answered, 'Thou Shall not kill.'

A Little Girl was talking to her teacher about whales. The Teacher said it was physically impossible for a whale to swallow a human because even though it was a very large mammal its throat was very small.

The Little girl stated that Jonah was swallowed by a whale.

Irritated, The teacher reiterated that a whale could not swallow a human; it was physically impossible.

The Little girl said, 'When I get to heaven I will ask Jonah'.

The Teacher asked, 'What if Jonah went to hell?'

The Little girl replied, 'Then you ask him'.

*Celebrating September Birthdays*

*Ken Lingenfelter*

*Garry Shepp*

*Vincent Potvin*

*Tim Franklin*

*Pierre LeGal*

*Ray Ricard*

*Larry McCafferty*

*Mitchel Burchert*

*Gerry Laporte*

*Mike Smith*

*Congratulations*

*To Brothers and wives celebrating September Anniversaries*

*Let us pray for all married couples: that they will help one another attain holiness through the graces given to them in the Sacrament of Matrimony.*

*Dave & Maureen Lowden*

*53*

*Ed & Janet McDonald*

*55*

*Austin & Barbara Gilbert*

*56*

**I NAMED MY TWO DOGS ROLEX AND TIMEX**



**THEY'RE MY WATCH DOGS**

**WHAT IS IT?**



“A father said to his daughter "You just graduated, this is a car I bought a while ago... It is a few years old. But before I give it to you, take it to a car dealer in the city and sell it, see how much they offer.”

The girl came back to her father and said: "They offered 1000 euros because it looks very old"

The father said: Hold it and take it to a 2nd hand car dealer.

The girl returns to her father and says: "The pawn shop offered 100 euros because it is a very old car and lots of investments are needed to drive it again"

A father asked his daughter to join a car club with experts and show them the car. The girl drove the car to the car club, returned home and said to her father: “Some people in the club offered me 100,000 euros because it is a rare car that is in good condition, with great capabilities and super difficult to find.”

Then the father said, "I wanted to let you know that you are not worth anything if you are not in the right place." If you are not appreciated, do not be angry, that means you are in the wrong place.

"Don't stay in a place where no one sees your value.

**ANSWER TO puzzle on page eight**

If Fed Ex and UPS were to merge, would they call it FedUP?

Does fuzzy logic tickle?

If they arrested the Energizer Bunny, would they charge it with Battery?





# Captain Alexandro Malaspina

## Assembly 34

### 2023-2024 Executive

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<b>Master BC &amp; Yukon</b>	<b>Henry Mercado</b>	<a href="mailto:henrim.kofc@gmail.com">henrim.kofc@gmail.com</a>



Some of our Canada Day crowd

**Answer to puzzle: KNIGHT MARE**

If quitters never win, and winners never quit, what fool came up with, "Quit while you're ahead"?

Okay, who stopped the payment on my reality check?

*Good of the Order*

*Please pray for:*

- ◆ *Chuck and Diane Rieger*
- ◆ *Joie Koster, widow of PGK Bob Koster*
- ◆ *Jim & Dorothy Chase*
- ◆ *Brother Mike Harrigan and wife Gay*
- ◆ *Brother Jim Whalen*
- ◆ *Brother Aurel Muego*
- ◆ *Betty Young widow of Brother Pat*
- ◆ *Brother John Vanreeuwyk*
- ◆ *Norma Dumas—wife of Brother Joe*
- ◆ *Brother James Chase and wife Dorothy*
- ◆ *Brother Les Taylor*

*Do you have someone who needs prayers? Send the name to me and their name will be added to this list.*

Why is a carrot more orange than an orange?

Why doesn't glue stick to the inside of the bottle?





Fr. Jozef, cutting his retirement cake with Doris Landry



July 1, 2023, the day dawned sunny, warm, and most welcoming; we all knew that it was going to be a special and memorable day. This year's event is and continues to be a Parish get together. This year Canada Day was special, in a happy way, with our special farewell to Fr. Jozef. It was obvious he was happy as he greeted parishioners with an infectious smile. He was going into retirement a happy man.



It was great to see the large turnout of brothers to help and participate, setting up and working at the many tables; the day started early with Mick Brzoza and his 2 sons moving tables and chairs up to the site. Doris Landry and her group of volunteers were already starting their work in the kitchen slicing, chopping, and dicing. This kitchen preparation followed a gigantic shopping job by Doris and brother Ed Landry. prior to the picnic. It was difficult to estimate the number of parishioners in attendance but our best guess is 210; this estimate is based on the number of tables and chairs filled, plus food purchases and the sparse amount of food left over.



Some of our Canada Day Volunteers

Sarah Wood led parishioners in singing our national anthem with an inspired rendition of O Canada. Steve Burchett led our BBQ team of experienced BBQ professionals. Gerry Laporte provided the music, much appreciated by parishioners, many of whom were seen dancing in the isles between tables.

Noon hour arrived with food tables laid out like magic and continually replenished from the kitchen. Two cakes were ordered for this year's celebration, one for Father's retirement and the other for celebrating Canada Day. A large number of parishioners makes this the most successful

*(Continued on page 7)*

See more photos on our website <https://trinity9990>

*(Continued from page 6)*

Canada Day ever.

The participation of council, from start to finish, was the key to the success of this event and the memories that we will have forever. The success of the 50/50 draw, donations from parishioners, and a small contribution from Parish Council saw us break even on hosting this event. Thank you to all those who made Canada Day the success it was.

This report is a compilation of inputs from information received from Mick Brzoza, Community Chairman, Garry Shop GK. and Mike Finch, FS and prime organizer of the Canada Day celebration,



## Garage Sale

**Friday, September 29 from 2—6 PM**

**Saturday, September 30 from 9 AM to 1 PM**

We are looking for household items to be donated for the sale. We can accept smaller pieces of furniture (end tables, coffee tables etc.), all types of fans, lamps and shades, framed pictures, tools, small kitchen appliances, children's toys and much more. Please remember all items must be clean and in good working order.

We will be accepting your donations at the Church gym, west door, starting Monday Sept. 25 thru to and including Friday Sept. 29, between 10am and 2pm.

**\*\*\*We are unable to take clothes, shoes, large pieces of furniture, televisions, computers, printers (no electronics), paints or books.**



## Welcome to Our New Chaplain

### Fr. Irek Bem

Fr. Irek (Ireneusz) Bem was born in Wodzislaw śląski, a region known for coal mining in the very south part of Poland. His father worked in the mines and his mother cared for their home and four children (three boys and a girl). Irek was the oldest.

An older cousin joined the Salvatorian Fathers (SDS) that gave him a chance to learn about the ministry of this religious order. Irek joined the formation program of the SDS and after 7 years was ordained to priesthood on May 16<sup>th</sup>, 1987 in Mokolow, Poland.

**After 4 years of ministry in Poland, Fr. Irek was sent to Canada to join the newly created community.** Fr. Irek came to Nanaimo after 21 years of ministry in the Archdiocese of Halifax – Yarmouth in Nova Scotia.

The Children were lined up in the cafeteria of a Catholic elementary School for lunch. At the head of the table was a large pile of Apples.

The nun made a note and posted on the apple tray:

'Take only ONE. God is watching.'

Moving Further along the lunch line, at the other end of the table was a

Large pile of chocolate chip cookies.

A Child had written a note, 'Take all you want..... God is watching the apples.'



**2022-2023 June Planning meeting at the home of Grand Knight Norbert Grillmair.**



*I asked the waiter, 'Is this milk fresh?' He said, 'Lady, three hours ago it was grass.'*  
- **Phyllis Diller**

*The best way to get rid of kitchen odours: Eat out.*  
- **Phyllis Diller**

*The reason the golf pro tells you to keep your head down is so you can't see him laughing.*  
- **Phyllis Diller**

**3 common text scams to watch out for**

**CRA updates**

The CRA will never text you asking for personal information for you to receive a refund, benefit, or payment. They will also never text demanding you click a link to pay your taxes. Always ignore these messages.

**Suspicious activity alerts**

Even if you've signed up for alerts, be cautious of texts warning about suspicious activity or locked accounts – and never click any links in them. If you think it might be real, use the Quick Tip below to follow up with the company.

**Refund notifications**

Got a text saying you're owed a refund? How nice, everyone likes money back – and scammers know it, often using this tactic to get you to share personal information like your bank account details.



**Quick Tip**

Think a text might be genuine? Contact the company it claims to be from using a phone number or email you know is legitimate.